

Lord of the Sabbath

Introduction:

What is your favorite way to spend time off?

Are you more likely to be rested after a vacation, or more tired?

Observation:

Who didn't enter God's rest? Why?

What is the disobedience in v. 11?

How are we to approach the throne of grace? Why?

Interpretation:

(From last time) What does it mean to enter God's rest?

How can we both "make every effort" and "enter God's rest" at the same time?

What does it mean that the Word of God is living? active? sharp?

Someone once said, "We don't examine Scripture. Scripture examines us."  
What's it like for you to be examined by Scripture? In what ways do we try to  
"cover" ourselves up?

Why is it important to have a high priest who is able to sympathize with us?

Application:

How has "rest" been different for you this week? Do you see any difference?

How have you seen God's Word in action during this Bible Study? What  
answers to prayer have you witnessed?

How is your prayer life going to be different based on v. 16? What prayer needs  
come to mind now?