

Bondage Breaker Cell Group

Week Six

Prayer Rubric

This week is key to the whole process of what you have learned by reading the book Bondage breaker. Now is the time to practically apply what you have learned from the text. The hope is that these prayers will become a tool for you in your daily walk with Christ and that you will then know how to break off any attachment of the enemy in the future.

First, team up into groups of two or three. To complete the whole prayer process... it may take an hour and you may need to take your time because these prayers may draw up some strong emotional response. Get comfortable and do not allow your mind to slip into the "this is tedious and stupid" mode. The enemy would love to come along and diffuse all of the good work that you are about to do.

Remember, You are about to break off any connection that the enemy might have on you and that is contrary to his purposes so don't be surprised if you hit some mental or emotional roadblocks... and press on!

Lets walk through it:

- * begin on page 200 pray the prayer and then the declaration on 201
- * Next: **Counterfeit vs. Real**... pray the prayer at the bottom of 201 (this is key in that you are asking the Holy Spirit to prompt you even when your memory might fail you or your ego might say that you were above any influence)
- * Now on page 202-203 check off the list of anything you have had contact with even if you did not participate in it
- * Next answer the questions on page 204 with your prayer partner out loud as you prepare to pray
- * As you pray the prayer on page 205 aloud use your list that you have checked off and any others that come to mind to fill in the blanks in the prayer. Its Ok to read slowly through the list... but, is most important to say them out loud.
- * Now ask the Lord to help you remember where your priorities may be out of wack by praying the prayer on page 205-206.
- * Next go through the check list of the things that take priority over God.... remembering that these things aren't necessarily evil but have the the potential to become idols or already have.
- * Pray the prayer on pg 207 and fill in the blanks with the corresponding list you checked off above.

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- * Now read aloud with your prayer partner the renunciations and the proclamations on page 208
- * Now on to **Deception vs. Truth**: Pray the prayer on pg 210
- * Check off the list of deceptions on page 211 and add any others that come to mind.
- * Confess those deceptions with the prayer on pg 212
- * Do the same with the next two inventories and prayer son on 212 and 213
- * Remember that at this point your mind will get distracted and you will feel like the prayers are making you numb and pointless... PRESS ON and don't worry about how you feel but, trust God to show you how you will feel when you are loosed from any oppression.
- * With your prayer partner read aloud the renunciations and affirmations on pg 214
- * Next pray the prayer on page 216 dealing with fear
- * check of the list of fears on pg 217
- * Now pray the prayer on 217 using the list of fears you check off and any others that come to mind
- * Now pray the prayer on pg 218 which gives control of your life back into the Father's hands so that no other fear will come and take its place.
- * Read aloud the statement of Truth on pg 219 - 221
- * On the topic of **Bitterness vs. Forgiveness** begin with the prayer on pg 221
- * After making a list of people who have caused a painful memory in your life pray aloud the pray in the middle of page 225 naming the person, saying specifically what they did, and how it made you feel. Do this for each person that comes to mind.
- * After that pray the prayer on the bottom of pg 225 in order that you will not harbor resentment toward that person.
- * In the area of **Rebellion vs. Submission**: begin by prayign the prayer on page 226
- * check off the list as it applies to you on pg 227 - 228
- * Us the prayer on pg 228 praying specifically by name, and situation aloud
- * On the topic of **Pride vs. Humility** pray through the prayer on pg 229
- * Remember that you will find yourself saying: I don't really do all these things... but you want to take seriously the need to cut it all off... no matter how tedious.
- * Next, check off the list on pg 230 and pray the corresponding prayer on pg 231
- * Now pray the prayer on pg 232 dealing with prejudice first asking God to bring anything to mind then on the bottom of the page confessing and renouncing any prejudice by name.
- * On the topic of **Bondage vs. Freedom**, begin with the prayer on pg 233

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- * Using the list on pg 234 go through then confess those things and any others that might come to mind. Name each sin specifically and aloud. (Trust the love and confidentiality that you have with your prayer partner and be specific)
- * Knowing that your body is the Temple of the Holy Spirit pray the prayers on pg 235 asking the lord to bring to mind the wrong use of your body, renouncing that use and then recommitting your body to the lord.
- * Then next sections are specific to areas of Bondage that might have been a part of you life at one point. If so pray the appropriate prayers on pgs. 236-239
- * On the topic of **Curses vs. Blessings**, first pray the pray on pg. 240 then list the generational garbage that has affected you or may have unknown power in your life so that you can be free from those influences even if they are not overtly present in your life or actions.
- * Now pray the declaration and prayer on pg. 241 and 242 using the list of family influences that you have created.

NOW YOU ARE FREE!!! Halleluiah! It is up to you to maintain that freedom.

Use the prayers and content on pgs 244 - 252 and following as part of you daily or weekly routine. Remember the principles that help maintain freedom on pg 244.

Now tell others what it feels like to have those burdens lifted

Blessings to you!

Fr. Dan